

*Everyone is responsible for making sure Wellington Diving is a healthy and safe club*

**Club coaches &/or voluntary committee members will follow the WDC Health & Safety policy, which includes that they will:**

## Prevention

- Ensure a minimum of one coach with full current first aid certification is present at any training
- Use facilities that have civil defence and emergency procedures in place
- Use facilities that have regular maintenance checks of equipment
- Ensure the rostering of coaches is sufficient in experience, maturity and number to adequately meet safety and development needs of the group of divers training

## Ongoing

- Prevent misuse or possible harm by giving clear instruction on correct execution of dives and use of equipment
- Reiterate safety guidance regularly
- Remove, or prevent use of, any equipment that becomes hazardous
- Be smoke-free at training, WDC related events or when representing WDC

## Response

- Give positive guidance on behaviour
- Require a diver to withdraw from part of training if there is unsafe or at risk behaviour, until the coach is satisfied the risk is lowered
- Use mistakes as opportunities to advance learning
- Give/get first aid as required
- Notify a diver's family of any harm, or significant potential harm incident, that has occurred

**Divers, with the support of their families, will:**

- Pre-book for any training they wish to participate in, to ensure ratios are safe
- Arrive fit & healthy enough to safely participate in training
- Listen and act on the guidance of coaches
- Act in a manner that minimises risk of harm to themselves or others
- Keep sufficiently warm, hydrated and fuelled to safely participate in training
- Hear, but not be distracted by, the encouragement of friends and family safely seated in the upstairs stands
- Advise a coach of any hazard they notice
- Be smoke-free at training or WDC related events
- Advise a coach immediately if they become unable to safely participate in training
- Reflect on mistakes and commit to increasing safe behaviour