

DAY ONE Friday 5 May 2023

7.30 – 9.30	Open training		
9.30 – 10.00	Technical Meeting	Judges & Officials	
10.00 – 10.30	Event 1	NZ Age Group - Girls C/D	1 metre
10.40 – 10.55	Event 2	Skills Level 1 - 11 & under/12 & over	3 metre
11.05 - 11.35	Event 3	Junior Elite (FINA) - Boys A,B,C	1 metre
11.45 - 12.30	Event 4	Junior Elite (FINA) - Girls A,B,C	1 metre
12.30 - 13.00	Lunch		
13.05 – 13.20	Event 5	Skills Level 3 - 11 & under/12 & over	3 metre
13.30 – 14.20	Event 6	NZ Age Group - Boys and Girls A,B,C,D	Platform
14.30 – 14.45	Event 7	Skills Level 2 - 11 & under/12 & over	1 metre
14.55 – 15.10	Event 8	Men's and Women's Open - Prelim	3 metre
15.20 – 16.20	Event 9	NZ Age Group - Girls A/B	1 metre

DAY TWO Saturday 6 May 2023

7.30 – 9.00	Open Training		
9.00 – 9.25	Opening Ceremony		
9.30 – 9.45	Event 10	Men's and Women's Open - Final	3 metre
09.55 – 10.10	Event 11	Skills Level 1 - 11 & under/12 & over	Poolside
10.20 – 10.50	Event 12	NZ Age Group - Boys and Girls C,D	3 metre
11.00 – 11.35	Event 13	Junior Elite (FINA) - Boys and Girls B	Platform
11.45 – 12.45	Event 14	NZ Age Group - Boys and Girls A,B	3 metre
12.45 – 13.15	LUNCH		
13.15 – 13.45	Event 15	Junior Elite (FINA) - Boys and Girls A,C	Platform
13.55 – 14.05	Event 16	Skills Level 3 - 11 & under/12 & over	Platform
14.15 – 14.30	Event 17	Skills Level 2 - 11 & under/12 & over	3 metre
14.40 – 15.00	Event 18	Men's and Women's Open - Prelim	Platform
15.10 - 15.25	Event 19	Skills Level 1 - 11 & under/12 & over	1 metre
15.35 – 15.50	Event 20	NZ Age Group - Boys A,B,C,D	1 metre
16.00 – 16.10	Event 21	Men's and Women's Open - Final	1 metre
16.20 - 16.35	Event 22	Skills Level 2 - 11 & under/12 & over	Platform

DAY THREE Sunday 7 May 2023

7.30 – 9.00	Open Training		
9.15 – 9.45	Event 23	Men's and Women's Open - Final	Platform
9.55 - 10.15	Event 24	Skills Level 3 - 11 & under/12 & over	1 metre
10.25 - 11.00	Event 25	Junior Elite (FINA) - Boys A,B,C	3 metre
11.10 - 11.50	Event 26	Junior Elite (FINA) - Girls A,B,C	3 metre
12.00 - 14.00	Event 27	All Synchro Events	