

2021 WDC Timetable

	BEGINNERS / BEGINNERS + / ADULTS / CASUAL Everyone Welcome						SKILLS SQUADS COMPETITIVE By Invitation			NZ AGE GROUP SQUADS COMPETITIVE By Invitation			JUNIOR ELITE SQUAD By Invitation
SQUADS	Beginners LEAP SQUAD (5yrs+) POOL ONLY	Beginners + BOUNCE SQUAD (5yrs+) 10min Poolside + 35min Pool	Beginners Intermediate BOUNCE SQUAD AGE: 12-15yrs ** POOL ONLY		ADULTS (16yrs+)	CASUAL Fun Diving Specified SUNDAYS Only	SKILLS – LEVEL 1 Competitive	SKILLS – LEVEL 2 Competitive	SKILLS – LEVEL 3 Competitive				
Tuesday	4.00-4.30pm		4.30-5.15pm					4.30-6.30pm	4.30-6.30pm	4.30-7.00pm	4.30-7.00pm	4.30-7.00pm	4.00-7.00pm
Wednesday	4.00-4.30pm	4.30-5.15pm						4.30-6.30pm	4.30-6.30pm	4.30-7.00pm	4.00-6.30pm	4.00-6.30pm	4.00-7.00pm
Thursday	4.00-4.30pm	4.30-5.15pm	4.30-5.15pm				4.00-5.30pm Sorry; Currently Unavailable	5.00-7.00pm	5.00-7.00pm	5.00-7.00pm	4.00-6.30pm	4.00-6.30pm	4.00-7.00pm
Friday	4.00-4.30pm Sorry; Currently Unavailable				5.00-6.30pm Sorry; Currently Unavailable		4.00-5.30pm	4.30-6.30pm	4.30-6.30pm	4.30-6.30pm	4.00-6.00pm	4.00-6.00pm	4.00-6.00pm
Saturday		Leap/Bounce* 10.15am- 11.00am			10.30am- 12.00pm			8.00am- 10.30am Gym Incld	8.00am- 10.30am Gym Incld	8.00am- 10.30am Gym Incld	8.00am- 10.30am Gym Incld	8.00am- 10.30am Gym Incld	8.00am- 10.30am Gym Incld
Sunday						12.30-1.30pm Specified Dates	10.30am- 12.00pm Sorry; Currently Unavailable			9.45am- 12.00pm Gym Incld	9.45am- 12.00pm Gym Incld	9.45am- 12.00pm Gym Incld	9.45am- 12.30pm Gym Incld

**** All participants must be at least Intermediate School age (12yrs min.) for this session**

*** Not every Saturday due to pool unavailability (usually between 6-8 sessions)**

NOTE: Age 5yrs thru to Adult - must be confident swimming 25mtrs & comfortable in 5mtr deep water

To book a Trial Lesson &/or All Enquiries – www.wellingtondiving.org.nz/contact

Or email us - admin@wellingtondiving.org.nz