

## 2020 WDC Timetable

	<b>BEGINNERS / BEGINNERS + / ADULTS / CASUAL</b> Everyone Welcome					<b>SKILLS SQUADS</b> COMPETITIVE By Invitation			<b>NZ AGE GROUP SQUADS</b> COMPETITIVE By Invitation			<b>JUNIOR ELITE SQUAD</b> By Invitation
SQUADS	Beginners LEAP SQUAD (5-16yrs) POOL ONLY	Beginners + BOUNCE SQUAD (5-16yrs) 10min Poolside + 35min Pool		ADULTS (16yrs+)	CASUAL Fun Diving Specified Sundays Only 5yrs+ T&C's Apply	SKILLS – LEVEL 1 Competitive	SKILLS – LEVEL 2 Competitive	SKILLS – LEVEL 3 Competitive				
Tuesday	4.00-4.30pm						4.30-6.30pm	4.30-6.30pm	4.30-7.00pm		4.30-7.00pm	4.00-7.00pm
Wednesday	4.00-4.30pm	4.30-5.15pm					4.30-6.30pm	4.30-6.30pm	4.30-7.00pm		4.00-6.30pm	4.00-7.00pm
Thursday	4.00-4.30pm	4.30-5.15pm				4.00-5.30pm	5.00-7.00pm	5.00-7.00pm	5.00-7.00pm		4.00-6.30pm	4.00-7.00pm
Friday						4.00-5.30pm	4.30-6.30pm	4.30-6.30pm	4.30-6.30pm		4.00-6.00pm	4.00-6.00pm
Saturday		Leap/Bounce 10.15am-11.00am		10.30am-12.00pm			11.00am-1.00pm Gym Incl	11.00am-1.00pm Gym Incl	11.00am-1.00pm Gym Incl		11.00am-1.00pm Gym Incl	8.00am-10.30am Gym Incl
Sunday					12.30-1.30pm Specified Dates	10.30am-12.00pm Gym Incl			9.45am-12.00pm Gym Incl		9.45am-12.00pm Gym Incl	9.45am-12.30pm Gym Incl

### Contact Us now for a Trial Lesson

(Age 5yrs thru to Adult - must be confident swimming 25mtrs & comfortable in 5mtr deep water)

[www.wellingtondiving.org.nz/contact](http://www.wellingtondiving.org.nz/contact)

Email - [admin@wellingtondiving.org.nz](mailto:admin@wellingtondiving.org.nz)